



formerly Presbyterian Counseling Service

restoring hope . . . reconciling relationships . . . transforming lives

Welcome to Samaritan Center of Puget Sound

We are pleased that you have chosen Samaritan for assistance at this time in your life.
We hope that you will find this to be a positive and useful experience.

About Samaritan Center

Samaritan Center of Puget Sound is accredited by the Samaritan Institute and affiliated with the Presbytery of Seattle. Our therapists come from a variety of Christian faith perspectives and represent a wide range of ages and life experiences. They are interested in and respectful of the spiritual values, beliefs and cultural heritage of all persons.

In providing therapy, we seek to engage in a process that is attentive to the integration of mind, body and spirit. We believe that healing occurs on multiple levels – mind, body, spirit and soul – and are always willing to consider with our clients the physical and spiritual as well as psychological aspects of healing. We are curious about the part that spirituality plays in wrestling with life's dilemmas and transition points, and we bring our own heartfelt responses to the situations in which our clients find themselves. We endeavor to promote growth and well-being in our clients, engaging with them in a collaborative manner to make the changes that they desire in their lives.

Parking at the Ravenna Office:

Off-street parking is available in the lot adjacent to the Church, as well as along Ravenna Blvd.

Young Children:

Please do not leave young children unattended in the waiting room. We cannot be responsible for their safety.

Crisis Calls:

In the event of a personal crisis, clients may call Samaritan's on-call therapist at 206-527-2266. To leave a message for the on-call therapist during office hours (M-F 9-6), clients should press 0 during the recorded message, or, if the call is made outside of office hours, press 6. If the call is not returned by the on-call therapist after a half hour, clients should call the Crisis Clinic at 206-461-3222.

Non-Crisis Calls:

To leave a non-crisis message, to cancel or change an appointment with your therapist, call 206-527-2266 and follow the voice prompt.

On the following pages you will find information that will ensure that your needs as an informed client are met. This includes the training, professional background of your therapist, his or her theoretical orientation and approach to counseling, the rights of clients in counseling, and information about confidentiality.

DISCLOSURE STATEMENT

ANNA H. ANDERSON

Training and Professional Background

Anna Anderson is a member of the American Association of Marriage and Family Therapy and Washington State Association of Marriage and Family Therapy. She is involved in continuing education to grow her therapeutic skills, and regularly attends professional trainings. Additionally, she is involved in a peer consultation group with other colleagues.

Anna has a Master of Science in Marriage and Family Therapy and Master in Education in School Counseling, both from Seattle Pacific University. She has 14 years of experience working with youth and families in a variety of settings including schools, YMCA, camps, Young Life, church, Youth Eastside Services, The Moyer Foundation. Anna works with clients of all ages from diverse backgrounds. She is licensed as a marriage and family therapist with the State of Washington State Department of Licensing M.S., M.ED., LMFT (License No. LF60484649).

Theoretical Orientation and Approach to Counseling

Anna's orientation for therapy comes from a "systems" perspective. She focuses on how individuals function in relationships to those around them, as well as asking about what is going on inside them. Within this context, she examines how individuals can be separate, while also remaining connected to others. When working with clients, she displays unconditional acceptance, energy, and insight.

The rights of clients in counseling

It is appropriate for clients to raise questions about the counselor, the therapeutic approach, the progress of the therapy and the cost. As informed consumers, it is the client's responsibility to choose the counselor and counseling modality which best suits their needs. Clients have the right to request a change in counseling approach, referral to another counselor or termination at any time.

All therapists at Samaritan Center of Puget Sound are bound by the ethical codes of their professional organizations, by the laws of the State of Washington, as well as by agency policy regarding the special nature of the therapist-client relationship. This agency expects all counselors continually to be aware of the influential position they hold in the relationship with clients, using this influence in a constructive way. If a client thinks his/her therapist is not meeting this ethical responsibility, he/she is strongly encouraged to address this with the therapist and/or bring it to the attention of the agency's President/CEO.

We keep a record of the health care services we provide you. You may ask us to see and copy that record. You may also ask us to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. To see your record or get more information about it, contact your therapist.

Confidentiality

Counseling sessions are held in strict confidence. It is the client, not the therapist, who determines whether information may be released to persons outside Samaritan Center of Puget Sound, and only then with a release signed by the client. Exceptions to this rule: state law mandates that there is no confidentiality where child abuse or abuse of a developmentally disabled adult has occurred within the last seven years. The counselor may also be required to break confidentiality in life-threatening situations where the client poses a clear and present danger to self or others or is unable to provide minimum life-sustaining self-care. Here, the counselor would take steps necessary to secure the safety of the client or others.

I have received and read the Disclosure Statement.

Client Signature(s) _____ Date _____

Therapist Signature _____

Anna H. Anderson, MS, MEd, LMFTA

By my signature below I, acknowledge that I received a copy of the Notice of Privacy Practices for Samaritan Center of Puget Sound.

Signature of client (or personal representative)

Date

Signature of client (or personal representative)

Date

If this acknowledgment is signed by a personal representative on behalf of the client, complete the following:

Personal Representative's Name: _____

Relationship to Client: _____

You will receive one copy of this form and one will be kept in your Samaritan record.

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