



formerly Presbyterian Counseling Service

restoring hope . . . reconciling relationships . . . transforming lives

Welcome to Samaritan Center of Puget Sound

We are pleased that you have chosen Samaritan for assistance at this time in your life.
We hope that you will find this to be a positive and useful experience.

About Samaritan Center

Samaritan Center of Puget Sound is accredited by the Samaritan Institute and affiliated with the Presbytery of Seattle. Our therapists come from a variety of Christian faith perspectives and represent a wide range of ages and life experiences. They are interested in and respectful of the spiritual values, beliefs and cultural heritage of all persons.

In providing therapy, we seek to engage in a process that is attentive to the integration of mind, body and spirit. We believe that healing occurs on multiple levels – mind, body, spirit and soul – and are always willing to consider with our clients the physical and spiritual as well as psychological aspects of healing. We are curious about the part that spirituality plays in wrestling with life's dilemmas and transition points, and we bring our own heartfelt responses to the situations in which our clients find themselves. We endeavor to promote growth and well-being in our clients, engaging with them in a collaborative manner to make the changes that they desire in their lives.

Parking at the Ravenna Office:

Off-street parking is available in the lot adjacent to the Church, as well as along Ravenna Blvd.

Young Children:

Please do not leave young children unattended in the waiting room. We cannot be responsible for their safety.

Crisis Calls:

In the event of a personal crisis, clients may call Samaritan's on-call therapist at 206-527-2266. To leave a message for the on-call therapist during office hours (M-F 9-6), clients should press 0 during the recorded message, or, if the call is made outside of office hours, press 6. If the call is not returned by the on-call therapist after a half hour, clients should call the Crisis Clinic at 206-461-3222.

Non-Crisis Calls:

To leave a non-crisis message, to cancel or change an appointment with your therapist, call 206-527-2266 and follow the voice prompt.

On the following pages you will find information that will ensure that your needs as an informed client are met. This includes the training, professional background of your therapist, his or her theoretical orientation and approach to counseling, the rights of clients in counseling, and information about confidentiality.

DISCLOSURE STATEMENT

COURTNEY PAINE

Training and Professional Background

Courtney Paine has over ten years of experience, in the United States and abroad, working with individuals and families in a variety of settings, including group homes, schools, domestic violence shelters, and hospitals. She has been in the Seattle area for the past three years providing counseling to individuals and families through community mental health agencies. She has worked with clients of all ages from diverse backgrounds.

Courtney has a master's degree in Social Service Administration from the University of Chicago. She is a Licensed Independent Clinical Social Work Associate in the state of Washington, and receives regular supervision from Beth Hess, a Licensed Independent Clinical Social Worker at the Samaritan Center of Puget Sound. Courtney serves on the board with the Washington State Society of Clinical Social Workers. She also participates in a peer consultation group with other colleagues, and is regularly involved in continuing education programs and professional trainings to further develop her therapeutic skills and maintain her commitment to best practices.

Theoretical Orientation and Approach to Counseling

Courtney's theoretical orientation is centered on family systems theory and psychoanalytic theory. She focuses on how individuals connect relationally to those around them while also helping clients to better understand themselves and their internal experience. Courtney integrates attachment theory into her work as well, exploring how some of our earliest relationships have impacted who we are and how we relate to the world. She believes that therapy should be a place of curiosity, acceptance, and connection.

The rights of clients in counseling

It is appropriate for clients to raise questions about the counselor, the therapeutic approach, the progress of the therapy and the cost. As informed consumers, it is the client's responsibility to choose the counselor and counseling modality which best suits their needs. Clients have the right to request a change in counseling approach, referral to another counselor or termination at any time.

All therapists at Samaritan Center of Puget Sound are bound by the ethical codes of their professional organizations, by the laws of the State of Washington, as well as by agency policy regarding the special nature of the therapist-client relationship. This agency expects all counselors continually to be aware of the influential position they hold in the relationship with clients, using this influence in a constructive way. If a client thinks his/her therapist is not meeting this ethical responsibility, he/she is strongly encouraged to address this with the therapist and/or bring it to the attention of the agency's President/CEO.

We keep a record of the health care services we provide you. You may ask us to see and copy that record. You may also ask us to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. To see your record or get more information about it, contact your therapist.

Confidentiality

Counseling sessions are held in strict confidence. It is the client, not the therapist, who determines whether information may be released to persons outside Samaritan Center of Puget Sound, and only then with a release signed by the client. Exceptions to this rule: state law mandates that there is no confidentiality

where child abuse or abuse of a developmentally disabled adult has occurred within the last seven years. The counselor may also be required to break confidentiality in life-threatening situations where the client poses a clear and present danger to self or others or is unable to provide minimum life-sustaining self-care. Here, the counselor would take steps necessary to secure the safety of the client or others.

I have received and read the Disclosure Statement.

Client Signature(s) _____ Date _____

Therapist Signature _____

Courtney Paine, MA, LSWAIC

By my signature below I, acknowledge that I received a copy of the Notice of Privacy Practices for Samaritan Center of Puget Sound.

Signature of client (or personal representative)

Date

Signature of client (or personal representative)

Date

If this acknowledgment is signed by a personal representative on behalf of the client, complete the following:

Personal Representative's Name: _____

Relationship to Client: _____

You will receive one copy of this form and one will be kept in your Samaritan record.

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